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Natural Food International Holding Limited 五谷磨房食品國際控股有限公司

(Registered by way of continuation in the Cayman Islands with limited liability)

(Stock Code: 1837)

NOTICE OF BOARD MEETING

The board of directors (the "**Board**") of Natural Food International Holding Limited (the "**Company**") hereby announces that a meeting of the Board will be held on Thursday, 29 August 2019, for the purposes of, among other matters, (i) considering and, if thought fit, approving the interim results of the Company and its subsidiaries for the six months ended 30 June 2019; (ii) considering the payment of an interim dividend, if any; and (iii) transact any other business, if any.

By order of the Board

Natural Food International Holding Limited

GUI Changqing

Chairman

Hong Kong, 19 August 2019

As at the date of this announcement, the executive Directors are Ms. GUI Changqing and Mr. ZHANG Zejun; and the independent non-executive Directors are Mr. ZHANG Senquan, Mr. HU Peng and Mr. OUYANG Liangyi.